



With points you get extraordinary rewards for your everyday banking.

National City Bank, Member FDIC

National City
Now a part of PNC

Learn more

Star Media: Select a site | Other formats

Find it fast: Jobs Cars Homes Apartments Dating Buy & sell

INDYSTAR.COM

Find what you are looking for ...



SPONSOR
momslife.com

HOME • NEWS • COMMUNITIES • OPINION • BUSINESS • SPORTS • LIFESTYLE • ENTERTAINMENT • OBITUARIES • EXTRAS • HELP

HEALTH CARE & PHARMA MARKETS NATIONAL RETAIL & REAL ESTATE SMALL BUSINESS TECHNOLOGY COLUMNISTS

Comment, blog & share photos
Log in | Become a member | Search people

Add your thoughts: Nation's economy

As the second half of 2009 begins, do you see signs of improvement?



BUSINESS

MY BIG BREAK

Physical therapist cites relationships in success

Who: Brian J. Pease, owner and partner of Body One Physical Therapy.

Posted: July 12, 2009

Post a Comment | Recommend (2) | E-mail | Print | Share ?



Like most individuals who have experienced any degree of success, I am indebted to many people. I am a physical therapist and [business owner](#) by virtue of the trust, inspiration, mentoring and faith of others. Establishing and maintaining relationships has always been and continues to be the single defining strategy for my professional success.

The first break in my life was having parents who instilled in me a high level of confidence and modeled a strong work ethic, sense of right and wrong, and an independent spirit.

ADVERTISEMENT

With points you get extraordinary rewards for your everyday banking.



My wife, Pam, provided a rudder for my independent spirit and helped me develop a sense of responsibility and faith that was previously untapped.

The faculty and administration of the University of Indianapolis' Krannert School of Physical Therapy allowed me to forgo my final year of my undergraduate [education](#) to begin my professional education. As a result, I was able to receive a tremendous education provided by highly trained experts in the field and begin my professional career as a physical therapist at a relatively young age.

As a young therapist, I was able to work with some very good physicians and physical therapists in Indianapolis and Northern Virginia. After teaching professional colleagues around the country for several years in addition to maintaining my clinical practice, I was offered a full-time faculty position at Indiana University's program in physical therapy.



Blossoming Practice: Brian J. Pease leads four physical therapy practices in the metro Indianapolis area as owner-partner of Body One Physical Therapy. - Matt Kryger / The Star

RELATED INFORMATION

Brian J. Pease

» **Age:** 45.

» **Job title:** Owner and partner of Body One Physical Therapy.

» **Duties:** Pease leads four physical therapy practices, two in Indianapolis and one each in Westfield and Zionsville.

» **About the organization:** Body One Physical Therapy clinicians often treat members of the same family during transitions in their life stages and health. Body One clinicians specialize in physical therapy care, notably in the areas of spinal disorders, shoulder dysfunction, hip and pelvic pain, knee problems, foot and ankle pain, and rheumatologic conditions.

» **Education:** Master's degree and a doctorate in health science from the University of Indianapolis.

» **Personal:** He and his wife, Pam, have two children.

LOCAL NEWS ALERTS

Get breaking local news as it happens. Enter your phone number below:

() -

Standard Messaging Rates or other charges apply. To Opt-out



After three years at IU, I was recruited to the University of Indianapolis' program. Dr. Beth Dombholdt, then dean of the School of Physical Therapy, was instrumental in my professional development as a boss, mentor, and finally chair of my doctoral committee. Through Dombholdt and other faculty friends and mentors, I learned the value of [collaborative](#) decision-making to guide an organization.

Another relationship that has been instrumental in helping me develop my current practice was established while I was teaching and providing patient care at Indiana University Hospital. Dr. Steve Kollias was the first physician I had ever encountered who treated me as a peer. He understood we had more to offer to patients in a collaborative relationship, where we were both free to use our professional judgment.

The development of my current physical therapy practice was the result of a defining meeting.

In 2001, I had finished my doctoral studies and met a former student, Chris Markus, over lunch to persuade him to return to graduate school. He had been in the first class I taught at IU in 1994.

Instead, Chris turned the tables on me, suggesting that we go into partnership together. Seven years later, we have four physical therapy practice locations, two additional partners, two dozen incredibly dedicated and talented colleagues and staff, and thousands of current and former patients.

Relationships have always been central to my personal and professional life, and the continued relationships that I have with family, friends, partners and colleagues have really been the "breaks" that have been vital to my success.

-- By Brian J. Pease

In Your Voice | Read reactions to this story

Hide Comments ▲

text STOP to 4INFO (44636). For more information text HELP to 4INFO (44636). Contact your carrier for more details. Powered by 4INFO

You can receive weather, stock, news alerts and more.

▶ Sign up for more alerts



IN THE NEWS

TODAY'S TOP HEADLINES

- ▶ Star makes 2 top editor appointments
- ▶ '30 Rock' atop Emmy nominations
- ▶ H1N1 flu strikes Indiana family again
- ▶ Boy, 13, faces hearing in Brown Co. killing
- ▶ Watson on top at Open with 65
- ▶ **More**

MOST VIEWED STORIES

Today | Yesterday | Last 7 Days | Last 30 Days

- ▶ Lawrence North loses Ferguson to prep school
- ▶ Escapees had access to tunnels, DOC says
- ▶ Teachers' pay being tied to test scores
- ▶ H1N1 flu strikes Indiana family again
- ▶ You can beat summer bugs
- ▶ Hoosiers hands-on in health debate
- ▶ Westside stabbing may be self-defense, police say
- ▶ Fever run their winning streak to 10
- ▶ 2 hurt in gunfight on Northeastside
- ▶ Shorter prospects try to measure up

MOST COMMENTED

MARKETPLACE

JOBS | CARS | HOMES | RENT | STUFF

careerbuilder Find the best job in Central Indiana and beyond

Keyword(s):

City:

Select a state:

Select a Category:

- ▶ Search for Jobs
- ▶ Post Resume
- ▶ My CareerBuilder
- ▶ Tools & Advice
- ▶ For Employers
- ▶ Career Fairs

Place an ad
▶ Online & Print

WEDDING *PAPER divas

Please call us for a custom wedding invitation.

Janelle Abigail
on Saturday, June 27, 2014
at 4:00 PM
1000 South State Street
Atlanta, Georgia

Hosted by her bridesmaids
Megan & Anna Lisa
Christina & Sarah Marie

Wedding Invitations,
Shower Invitations & More...
CODE: FREESHIP

SHOP NOW

Maura Kimberly
ethan michael joseph

Order and Mother's Delusion